

PRESS RELEASE

FOR INTEGRA TELECOM



FOR IMMEDIATE RELEASE

Photo available upon request

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INTEGRA TELECOM NAMES BRIAN LIPPOLD EXECUTIVE VICE PRESIDENT AND CHIEF OPERATING OFFICER

Portland, Ore. – Nov. 15, 2010 – [Integra Telecom Inc.](http://www.integratelecom.com), a fiber-based, integrated wholesale and retail telecommunications provider for business, has hired Brian Lippold as executive vice president and chief operating officer. Lippold will oversee Integra's wholesale carrier business and lead Integra's national account strategy. Lippold has a proven track record in building capabilities to serve the wholesale, government and national account segments of the market.

"Brian brings extensive telecom knowledge and experience to Integra's executive management team," said Dudley Slater, CEO of Integra Telecom. "Integra's reputation of providing quality service combined with our extensive fiber network assets, position the company to capture greater market share. Brian's mission is to leverage our extensive metro fiber network to serve important segments of the market that we have either not served or served on a limited basis in the past. I look forward to Brian working with Steve Wachter, Integra's chief operating officer for the small to enterprise business segments, together meeting the telecommunication needs for businesses of all sizes."

Lippold has more than 20 years of telecommunications management experience including leadership positions at Fairpoint Communications, Level 3 Communications Telcove and Long Distance North.

About Integra Telecom

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Integra Telecom Inc. provides voice and Internet solutions to thousands of business and carrier customers in 11 Western states, including: Arizona, California, Colorado, Idaho, Minnesota, Montana, Nevada, North Dakota, Oregon, Utah and Washington. It owns and operates a best-in-class fiber-optic network comprised of metropolitan access networks, nationally acclaimed Internet and data networks, and a 4,700-mile high-speed long haul network. The company has earned some of the highest customer loyalty and customer satisfaction ratings in the telecommunications industry. Primary equity investors in the company include Goldman, Sachs & Co., Tennenbaum Capital Partners, funds managed by Farallon Capital Partners and Warburg Pincus. Integra Telecom and Electric Lightwave are registered trademarks of Integra Telecom Inc. For more information, visit: www.integratelecom.com.

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